DAV CENTENARY PUBLIC SCHOOL

SAMPLE PAPER

CLASS-IX

M.T.:3Hr ENGLISH MM:70

                                              (SECTION-A)

                                                (Reading)

1.(a) Read the passage given below and complete the sentences that follow : 12

                        Keeping Your Brain Young

You probably don’t give it much thought, but your brain needs good nutrition, workout, and good sleep, as much as any other major muscle group. These can help boost creativity, memory and keep the brain young. Excess dietary fat, especially saturated fat, usually clogs the arteries reducing the blood flow to the brain and causing it to age prematurely.

Conversely, the lower the saturated fat in your diet, the body will eventually flush out the excess fat from your arteries restoring normal blood supply to the brain, for it rejuvenation. A healthy diet rich in colorful fruit, omega-3 fatty acids and whole grain aids improved functioning of the brain. Fruits and vegetables are rich in vitamins, minerals and antioxidants which benefit brain chemistry. Colored vegetables and fruits, walnuts, flax seeds, green tea, fish etc. are brain food in the real sense. Exercise seems to support the brain the same way as it helps cardiac health; by improving the blood flow which means more oxygen and nutrients reach the brain cells and sustain their optimal functioning. A good night‘s sleep is immensely de-stressing and good for your brain. Stress hormones which get released in response to mental stress can have a negative impact on the brain. Putting away all your gadgets-phone, remote tablet etc.-and enjoying a little time relaxing during the day is a good idea. Mental gamers are fun, challenging and competitive-a great way to exercise your mind. When it comes to brain fitness, the bottom line is ‘to use it or lose it’.

1. (a) Complete the following sentences:- 3
2. When the author says ‘to use it or lose it’, he means that\_\_\_\_\_\_\_\_\_\_ .
3. In order to destress, one must have\_\_\_\_\_\_\_\_\_ .
4. Unsaturated fat helps in lessening\_\_\_\_\_\_\_\_\_\_ .

(b)Answer the following question

i.What does our brain need? 2

ii.What is the side effect of dietary fat? 2

iii.Name the nutrients contained by fruits and vegetable? 2

iv.How can we destress ourselves? 2

©. Enormously’ is a synonym for \_\_\_\_\_\_\_\_ . 1

(b)Read the following passage carefully. 8 marks

Kamla was seven and smart. She was already very conscious that she was one of the short girls in the class. Now having to wear spectacles would be an added misery as other girls will stare and giggle at her. When Kamla went to school the next day, wearing the horrid spectacles, all that she had feared really did happen. She asked her best friend to hide her spectacles. When her class teacher entered the class, Kamla was all jittery. She pulled her spectacles off her nose and shove them into the desk. Now Kamla felt good. She realized that the spectacles made the bridge of her nose hurt; they hurt her behind her ears as well and that made her temples throb. But the problem soon began. Kamla could not read what was written on the blackboard. During the short break, her spectacles were gone. Soon there was commotion. Word got around that Kamla’s spectacles were missing. Kamla stood up and spoke in a troubled voice, “Please teacher, my spectacles are gone from my desk”. “I have good news for you Kamla”, said her teacher. “I saw you pushing the spectacles into your desk. During the short break I took them and kept them here”, she said pointing to her own desk. Kamla promptly put the spectacles on and never thought of taking them off, again.

1.On the basis of your reading of the passage, complete the following statements. 2 marks

(a)Kamla was always\_\_\_\_\_\_\_\_ .

(b)\_\_\_\_\_\_\_\_\_\_\_ would add to Kamla’s misery.

2.Answer the following questions. 4 marks

(a)Why did Kamla remove the spectacles ?

(b)What was the commotion all about ?

3.Find a word from the passage which means the same as 2 marks

(a) nervous.

(b) terrified

                                            (SECTION-B)

                                  Writing

3.Write an account in your diary in 100-120 words sharing your urge to see yourself as the astronaut .

5 marks

4.Complete the following story in 150-200 words in any suitable way making it interesting. Also give it a suitable and meaningful title. 10 marks

Yesterday, I was going to school. On the way, I saw a child in the middle of the road. A car was coming at full speed…………………………………………………………….

SECTION-C

GRAMMAR

5.Choose the most appropriate options from the ones given below to complete the following paragraph.

3 marks

Cyclists, pedestrians and motorists make different demands (a)\_\_\_\_\_\_\_\_\_\_\_ road design which may lead to conflicts. Some jurisdictions give priority (b)\_\_\_\_\_\_\_\_\_motorized traffic, for example, setting up one-way street systems, free-right turns, high capacity roundabouts, and slip roads. Others may apply traffic restraint measures to limit the impact (c)\_\_\_\_\_\_\_\_\_\_  motorized transport.

(a)(i) for (ii) on (iii) at (iv)of

(b)(i) for (ii) of (iii) to (iv)on

(c)(i) to (ii) on (iii) of (iv)over

6.In the following passage one word has been omitted in each line. Write the missing word along with the words before and after against the correct blank number. 4 marks

                                                   Before     Missing word   After

They had got used quite a different (a) \_\_\_\_\_\_\_\_\_\_     \_\_\_\_\_\_\_\_\_\_ \_\_\_      \_\_\_\_ \_\_\_

type food during the past few            (b)\_\_\_    \_\_\_                \_\_\_

days found it difficult to adjust          (c)\_\_\_     \_\_\_            \_\_\_

to the meager dish Gulnaz cooked.  (d)\_\_\_    \_\_\_            \_\_\_

7.Read the conversation given below and complete the paragraph that follows. Write the answers against the correct blank numbers in your answer sheet. Do not copy the whole sentences.     3 marks

Patient : I‘ve been suffering from fever for the past two days.

Doctor :  Did you take any medicine ?

Patient :  No, I didn’t. I’ve got a cold too.

The patient told the doctor (a)\_\_\_\_\_\_\_\_\_\_\_\_\_ . The doctor asked (b)\_\_\_\_\_\_\_\_\_ .Replying that he had not, the patient informed the doctor (c)\_\_\_\_\_ .

                                 (SECTION-D)

      (Literature Textbook & Long Reading Text)

8.Read one of the extracts given below and briefly answer the questions that follow :  3 marks

The field and the cloud are lovers And between them I am a messenger of mercy. I quench the thirst of the one,I cure the ailment of the other

(a)Why are the field and the cloud called lovers ?

(b)How does the rain help the field and the cloud ?

(c)What is meant by ‘ailment’ ?

9.Answer the following questions in about 30-40 words each : 2 \* 4 = 8 marks

(i)How did the Bishop extend help to Mere Gringoire ?

(ii)Even though Pescud fell in love with the girl at the first sight, he narrates everything quite casually. Why did he behave like this ?

(iii) What were the consequences of the poet’s actions in her childhood according to the poem, ‘Oh! I Wish I’d Looked After Me Teeth’ ?

(iv) Why did Persome feel scared when she saw the convict in the house ?

10.Answer the following question in about 80-100 words : 4 marks

The Professor’s humiliation was a consequence of his own folly. Comment with reference to ‘The Man Who Knew Too Much’.

Or

What kind of life do you think the convict would opt for after taking leave of the Bishop ?

11.Answer the following question in about 150-200 words. 10 marks

The Grand Academy of Lagado is not beyond human comprehension, but quite plausible if we compare it with our own laboratories and experiments. Give a comparative study.

Or

The Houyhnhnms were generous. They had a great impact on Gulliver, Illustrate.